

ICE BUCKET CHALLENGE

Andy Wallace has put out the challenge to all members to support ALS (amyotrophic lateral sclerosis) and the West Sacramento Rotary Foundation with the ALS Ice Bucket Challenge for a donation of \$200—\$100 to ALS and \$100 to the WS Foundation. For a donation of \$50 to the WS Foundation, you may be the one to dump the ice on one of the participants. The challenge will occur October 24th, after the regular club meeting in the parking lot of the Club Pheasant. Contact Andy if you are interested in participating at:

awallace@wallace-kuhl.com



Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento

Volume 66, No 15

October 21, 2014

Más Fun, Más Adventure! Live Más with Rotary!

Program: Christi Skibbins—Elderly Nutrition Program, Meals on Wheels



Christi Skibbins has been the Executive Director of the Yolo County Elderly Nutrition Program/Meals on Wheel since June 2013. As she indicated, the Meals on Wheels program is heavily dependent on volunteers like the ones from Rotary.

Christi is proud of the program; it is one of the few in the state where in the food is cooked and prepared daily. The food is then delivered by volunteers still hot and full of nutrition. For many of the recipients, this fresh hot meal is the only one that they get for the day. Some only eat half of it for lunch saving the rest for dinner. The volunteers also supply some social contact that many of elderly do not get from any other source. Recipients of the meals are asked to donate \$4 per meal, but the fee is not enforced on those who cannot afford it. Each meal costs well over \$4, and the difference is made up through donations. Some counties have had to cut their operations of Meals on Wheels only providing a weeks worth of frozen meals delivered by Fed-Ex. This has eliminated all social contact and reduced significantly the quality of the meals. Christi and her organization are committed to continuing the delivery of a quality meal.

SPEAKER PROGRAM

October 24th
Debbie Melios,
Blood Source

October 31st
Len Strickland,
Egypt/Jordan-Turmoil in the
Region

November 7th
Stephen Heringer—Iraq

November 14th
Dan O'Brien,
The BentStar Project

November 21st
Blood Drive

November 28th
DARK



October 17th, 2014—Meeting Summary

Presiding: Ken Wilson

Pledge: Chris Palamidessi

Blessing: Tim Carnahan

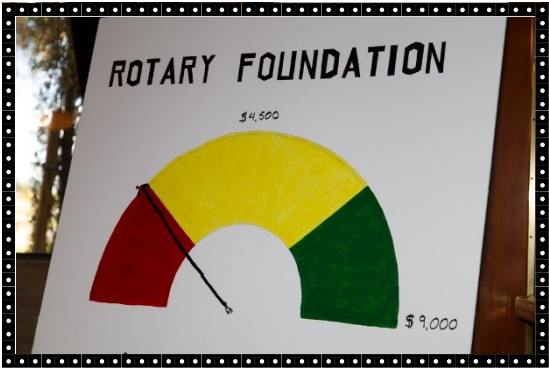
Song Leader: Dick Marshall “Star Spangled Banner”

Polio Plus Matching Drawing: Dan Ramos

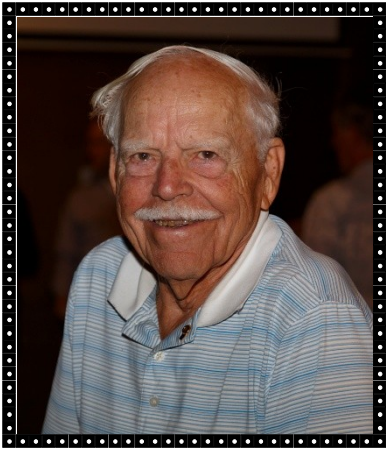
Raffle: Valued at \$1,393—Chris Bradford drew the 8 of Clubs

Dick Marshall drew the 8 of Diamonds

Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant
at 12:15



President Ken Wilson introduced the sophisticate “Rotary Foundation Meter” to show how close the club is in reaching this year’s Foundation Goal.



Visiting Rotarian Al Franks. Al will be celebrating his 90th birthday this month.



Newest member, Art Pimentel, with Denice Seals.



Bob Ceccato with Leonor Dicdican

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST: The development of acquaintance as an opportunity for service;
- SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian’s occupation as an opportunity to serve society;
- THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;
- FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.



Jaclyn Powell with her “Significant Other,” Justin Allen.

Guests and Visitors
October 17th 2014

Visiting Rotarians
Guest

- Al Franks
- South Sacramento
- Justin Allen

Bell Ringers

- Bill Bevier—for his Anniversary
- Al Franks—for his 90th Birthday
- Mark Leland—for his birthday and missed meetings
- Ken Ruzich—for his missed meeting and trip to Europe

Leadership Team
President *Ken Wilson
Past President *Mike Campbell
President Elect *Heine Roikjer
Treasurer *Chris Bradford
Secretary *Jorgen Bateman
Sergeant at Arms Gary Merwin
Membership *Troy Bird
The Rotary Foundation *Barry Kalar
5 Avenues of Service
Community Service *Christian Montgomery *Jeremiah Smith
Young Guns *Jamie Reamer *Charlie Frank
International Service *Paul Kolarik *Bill Bevier
Vocational Service *Drew Gidlof
Club Service *Shaun Morrow
Youth Services Joanie Kapell JoAnn Moffett
Program Speakers *Bob Walker
Literacy Program Chair Steve Lewis
Interact Advisor Charyl Silva
Bulletin Editor Peter Anderson
Fine Master Tim Kwong
District Grants Luan Christ
Sunshine Chair Kathleen O'Leary
*Board Member

Birthdays & Anniversaries	
October Birthdays	
Don Clark	5 th
Jennifer Kirtlan	8 th
Bob Collins	12 th
Jeremiah Smith	13 th
Ed Rounthwaite	14 th
Tissy Simmons	26 th
Wayne Enke	27 th
October Anniversaries	
Heine Roikjer	3 rd
Bill Bevier	5 th
Jennifer Kirtlan	16 th
Clark Cameron	23 rd

Club Calendar
November 1, District 5180 Foundation Dinner, Doubletree Hotel, Sacramento
March 28—April 4, 2015 Tijuana House Building Project



Chris Bradford pulls an eight out of the deck.



Chris and Dick just missed pulling the Joker.

Meals on Wheels	
Mondays: Route 1 11/17 Tim and Gloria Carnahan	
Mondays: Route 5 10/27 Joanie Kapell and JoAnn Moffett 11/3 Paul Kolarik 11/10 Dick Marshall and Troy Bird 11/17 Jeanne and Mike	
Wednesdays: Route 5 10/22 Tony Schwall and Armando Omega 10/29 Don and Judy Ratley 11/5 Jeff Post and Randy Carlson 11/12 Lyle Bassett and Bob Ceccato	
Thursdays: Route 1 10/23 Tom Wallace and Tissy Simmons 10/30 Dave Kamminga and Steve Heringer 11/6 Ken Ruzich 11/13 John Raney and Jennifer Kirtlan	
Thursdays: Route 2 10/23 Leonor Dicdican and Charlie Frank 10/30 Ron Morazzini and Len Thomas 11/6 Debbie Oto-Kent and Jon Pearman 11/13 Mike Campbell and Dan Ramos	
Thursdays: Route 5 11/6 Shaun Morrow 11/13 Mark Engstrom	

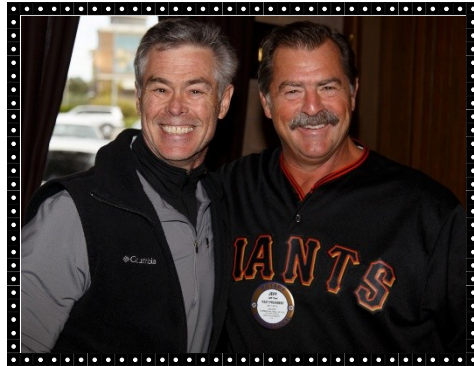
Dick Marshall also pulls an eight. The President decided to have two chances for the raffle since there was no drawing last week.



Your Newsletter Crew	
Photos by:	Editor:
Dave Kamminga	Peter Anderson
davidkamminga@frontiernet.net	peter_anderson1444@yahoo.com
Deadline for Article Submittals is Sunday, 6:00 pm	



Mark Leland returns with a smile after an extended absence.

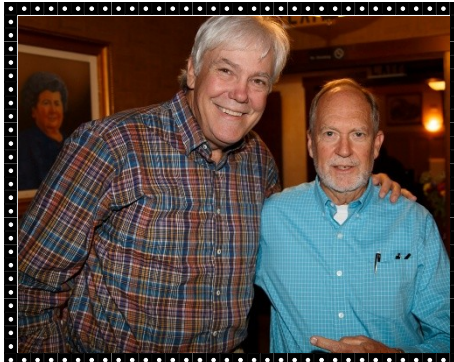


Jeff Post with Jim Cahill shows off his pride that the Giants are returning to the World Series.



Shaun Morrow ignores Club protocol of standing when addressing the Club.

John Raney points to Jim Engstrom who is his favorite Rotarian sporting a plaid shirt.



Troy Bird practices the air cymbals while the Club sings the Star Spangled Banner.



Chris Palamidessi gets to put some money back into his wallet after dealing with some Club business.

YOUR LINKS TO ROTARY



www.rotaryclubofwestsacramento.org



Find us on
facebook

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org



Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



FUTURE ROTARIAN: Jessica Ngo

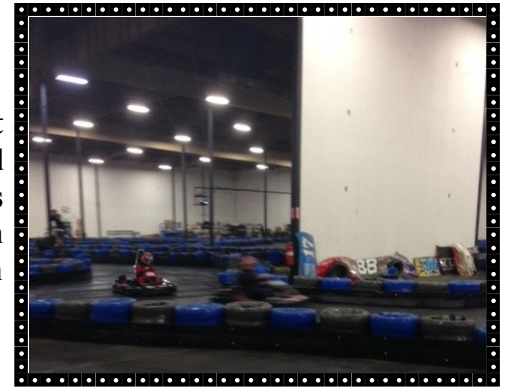


Jessica Ngo is a senior at River City High School and is serving as this year's President of the Interact Club. Jessica joined the Interact club as a freshman. First event that she chaired was Tuxes and Tennies. She has gone on to chair other events including Reading Buddies, Friends of the Library, Fellowships, and the Spring Carnival. Jessica enjoys being a part of the Interact Club and giving back to the community and meeting Rotarians. Jessica appreciates the "Four Way Test" and she tries to apply it to her life. Following high school, Jessica is looking at studying molecular biology or pre-med. She has identified target schools of UC Berkeley, UCLA, and Columbia University. As the Club President, Jessica wants to put her best effort forward to manage the club and maintain a strong presence on campus.



Young Gun cart racers.

Rumor has it
that the lead
racer is
President, Ken
Wilson



2014-2015
Rotary International President
Gary C.K. Huang



2014-2015
Rotary District 5180 Governor
Fred Teichert



2014-2015
Rotary District 5180 Assistant Governor
Judy Foote



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate Restaurant	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel -Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:15pm	Peachtree Country Club
	Sutter Buttes Sunrise	7:00am	The Plaza Room at Hillcrest	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Looms Sunset	5:30pm	Indian Creek Country Club
	Sacramento Breakfast	7:15am	Evans Kitchen	Carmichael	6:30pm	Ancil Hoffman Golf Course
	Arden Arcade	Noon	Ruth Cris Steak House - Pavilions			
Wed	Rocklin/Loomis Basin	7:00am	Whitney Oaks Golf Club	South Placer	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service Building	Citrus Heights	12:15pm	Citrus Heights Community Center
	Laguna Sunrise	8:00am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen	Yuba City	12:15	Hillcrest Plaza Room
	Elk Grove	12:15pm	Vince's Restaurant	Midtown Sacramento	5:30pm	Café Bernardo
	Folsom Lake (Folsom)	Noon	Empire Ranch Golf Club	Rancho Murieta	7:00pm	Rancho Murieta Country Club
Thu	Historic Folsom	7:00am	Lake Natoma Inn	Lincoln	Noon	Lincoln Women's Club
	Roseville Sunrise	7:00am	Gingers Restaurant	Roseville	Noon	Sierra View Country Club
	Yuba Feather River Sunrise	7:00am	Gary's Place	South Sacramento	Noon	Iron Steaks Restaurant
	Pocket-Greenhaven	7:30am	Aviators Restaurant	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	Gridley	Noon	Parish Hall			
Fri	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Hampton Inn, North Natomas
	Point West-Sacramento	7:00am	Doubletree Hotel	Granite Bay	12:15pm	McCormick & Schmick's Restaurant

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